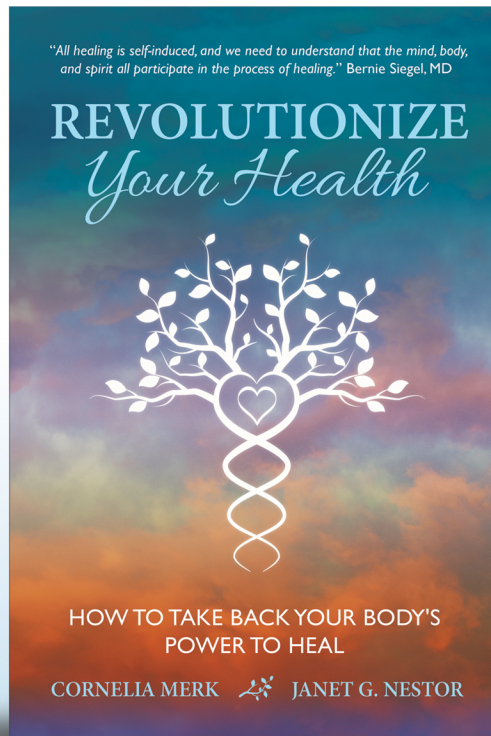


# REVOLUTIONIZE YOUR HEALTH

## HOW TO TAKE BACK YOUR BODY'S POWER TO HEAL

*Revolutionize Your Health* is filled with inspiring stories of real people, who have healed themselves in incredible circumstances or experienced miraculous healings.

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The authors illustrate, backed by the newest scientific findings, that all healing is self-healing and explain how everyone can heal, even in the most desperate of times.

*Revolutionize Your Health* is inspiring and packed with practical wisdom to help us all take back the body's power to heal. I could not put it down. Highly recommended!

*Kathi J Kemper*, MD, MPH, author of *Mental Health Naturally* Professor, Pediatrics, Nursing, The Ohio State University  
Editor-in-Chief, Complementary Therapies in Medicine



**Janet G. Nestor** is an author, licensed counselor, and expert in energy healing and relaxation strategies, who is regularly interviewed about mindful living and inner peacefulness. Janet has released several books recently including *Pathways to Wholeness* and *Yeshua: One Hundred Meaningful Messages for Messengers*. She has also contributed to four books by other authors and participated in five collaborative books that have all become best sellers. In 2017 and 2018, Janet was recognized by Richtopia as one of the top 200 most influential authors in the world.

Janet maintains a private practice where her ability to communicate with Spirit underpins her holistic counseling, spiritual coaching, and soul art, which are drawings of the soul complete with a detailed reading for her clients. She also connects mothers, fathers, children, and friends with their loved ones who have passed into spirit, providing an extremely validating and healing experience. She intuitively views a person's energy field and creates bespoke drawings that automatically bring calm and balance. She is a master teacher for those wishing to take the journey into self-awareness and mindful living.

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